



Scotia-Glenville Senior Citizens Senior Moments



Volume 40 Number 5

November- December 2014

Glenville Senior Center ★ 32 Worden Road, Glenville, NY 12302 ★ 518-374-0734

Senior Moments is issued once every two months i.e. Jan-Feb.; Mar.-Apr.; May-June; July-Aug.; Sep.-Oct. and Nov.-Dec.

Halloween Celebration

Friday, Oct. 31st from 9:30 am to noon

Cider and doughnuts will be served. Dress up in your costume and join us for some Halloween fun! Bring your camera.

Election Day Bake Sale

Tuesday, Nov. 4th

6:00 am until sold out

We need goodies baked for our annual election day bake sale— brownies, breads, cakes, cookies, whatever your specialty. Bring the baked goods to the Senior Center on Monday, November 3rd.

We also need volunteers to work 2-hour shifts starting at 6 am on Election Day. Please sign up at the Front Desk.

Christmas Holiday Celebration

Friday, Dec. 12th, 1:30 pm to 3:30 pm

Entertainment by Courtney Shayne as Patsy Cline. Coffee and dessert will be served. Come and see Santa— he will have a treat for you! No admission charge. Please bring some canned goods or non-perishable items for the Scotia Food Pantry. Please call the Center at 374-0734 or stop by the Front Desk to sign up.

Veterans Day

Sunday, Nov. 9th 1:00 - 4:00 pm

The Racing City Chorus will entertain at the program honoring our veterans. Local dignitaries will attend and Dairy Circus will cater a buffet dinner. Everyone must sign up and pay at the Front Desk by Tuesday, October 28th. **Cost for non-veterans is \$15.** Veterans who are members eat free. Non-member veterans who are relatives of members will eat free, if accompanied by a member. Veterans will provide military information on forms at the desk when they sign up.

Quilt Raffle

Help us honor our Veterans!

Buy a raffle ticket for a chance to win a beautiful quilt donated by Diane Podesva of The Joyful Quilter shop in Glenville. All proceeds from the raffle will be used to fund this year's Senior Center Veterans Day Celebration. The quilt is on display at the Center and tickets are available at the Front Desk—\$1 each or \$5 for 6 tickets. The drawing will be held at the Veterans Day event on November 9th. You need not be present to win.

Trips

Tuesday, November 11th - Trip to Clark Museum, Williamstown, MA

Tuesday, November 25th - Christmas Memories Show, Troy

Monday, December 8th - Turning Stone Casino, Rome, NY

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MARK YOUR CALENDAR

Exec Council: Thu Nov. 6, Dec. 4 at 9:00 am
at Town Hall

Directors: Thu Nov. 13, Dec. 11 at 1:00 pm
at Senior Center

Senior Moments Deadline: Wed Nov 26th

Senior Moments Mailing: Thu Dec 18th 9:00 am

Center & Dining Center closed: Tues Nov. 11th,
Thu Nov. 27th, Fri Nov. 28th, Wed Dec. 24th, Thu Dec 25

Senior Center only closed: Tues Nov. 4th,

Senior Moments is published by
the Scotia-Glenville Senior Citizens, Inc.

Linda Reinhart, 2014 President

Vicki Hillis, Executive Editor, Publisher

Dr. N. Nagarajan, Editor

Angie Pomykai, Assoc. Editor, Distribution Manager

Bob Atwood, Associate Editor

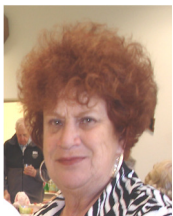
GLENVILLE SENIOR CENTER

32 Worden Rd., Glenville, NY 12302 (518) 374-0734

Center open 9:00 am to 4:00 pm

Center is closed Sat. & Sun. & holidays except
open for special events as noted herein.

SENIOR CENTER NEWS



A line from Linda

Dear Members,

Here we are in the Autumn season. Time flies when you are having fun, and that's what we do here at the Center—"Have Fun". Read thru' the bulletin to see what is going on. There must be something to catch your eye. We have a trip to Clark Museum, Williamstown, MA on Tuesday, Nov. 11th, and the Christmas Memories show in Troy on Tuesday, Nov. 25th. Please check the Trip section for any more trips we may have in Nov. and Dec.. Don't forget to stop in for our Annual Halloween party on Oct. 31st, our Election Day Bake Sale on Nov. 4th and our Veterans Day party with the Racing City Chorus on Nov. 9th. And last but not the least, our Annual Christmas party on Dec. 12th featuring "Patsy Kline". Finally, a big THANK YOU to our outgoing Board of Directors: **Jim Bishop, Jane Conroy, Blanche Fischer, Flo McClure, Sandy Nolin, Theresa Parisi, and Ronnie Quinn.** And a warm Welcome to the new Board members:

Paula DeVries, Max Gollmer, Barbara Hipwell, Putzi Jost, Charlotte MacAllister, Arlene Meiklejohn, Carol Shartrand and Kathy Stanley.

So come in, attend a monthly meeting, mingle with the Directors and take an active part in your Senior Center.

Linda

Senior Moments Mailing party

Thursday, Dec. 18th at 9:00 am

Come join us as we celebrate the Holiday Season and prepare the Senior Moments Newsletter for mailing. Volunteers perform the vital task of folding the Newsletters and applying the pre-printed address labels for mailing. We'll meet in the Dining Center and complete the task usually within 1.5 hours. Refreshments and coffee will be served and we'll have some fun with a grabbag drawing. About 15 volunteers will go home as winners of the grabbag drawing. We look forward to seeing you there.

Snow Closings and Delays

When Scotia-Glenville Schools are closed due to weather: Center is closed; no van service. If S-G schools are delayed: Center is open; no van service; exercise and painting classes canceled; all programs before 11:00 canceled to allow time for plowing; everything after 11:00 as usual.

Check local radio and TV for school announcements.

Hi from the Editor

Dear Friends,

I am keeping well, even though still in need of others for a ride to visit people and places, as I can't drive till November ! Hopefully I will be mobile before the year-end with a new auto.

The Film Club is in the next season now, and I request members to suggest new titles for future.

Best Wishes to all in the GSC Family for HAPPY HOLIDAYS and NEW YEAR in good health & cheer!

Thanks a bunch to all!

Nagarajan



Vicki's View



What a great Oktoberfest booth we had! "Thank you" to our wonderful Membership Committee Chair **Putzi Jost, Paula DeVries, Ed Grinter and Ruth Quinn** who helped that day. Not only did we sell a lot of Quilt Raffle tickets, but also we talked to many prospective members and volunteers about our Center. The plans for our new 1,300 sq.ft. building addition are progressing. In September, the Scotia-Glenville Senior Citizens Board of Directors approved the acceptance of the proposal from Synthesis architects, the firm chosen by the expansion committee as the lowest bidder to design, cost-engineer and prepare construction documents for the addition. The Town Board then voted to enter into an agreement with Synthesis for their architectural service. Hopefully construction will begin in 2015.

While we often recognize those in charge of special events, we tend to forget to thank our other Senior Center members who operate quietly behind the scenes in countless ways to serve our members.

So "THANK YOU" to **Blanche Fischer** who has been our Health & Humanities chair for about 10 years. She was responsible for bringing in many speakers and health clinics at the Center. Blanche would like to retire as the Chair and is looking for someone to be trained. Please see me or Blanche, if you are interested.

I wish everyone a happy and healthy holiday season.

Vicki

It's snow season – keep our carpets clean, floors dry and safe!

Please change from wet boots or shoes when entering the Center. This is especially important when taking exercise classes since wet floors are slippery.



CENTER SERVICES

Center Membership is required unless noted otherwise. Be prepared to show your Membership Card.

Entertainment Book

There are two Entertainment Books at the Front Desk that members may use for coupons and dining cards.

The Sunshine Club

Do you know any member who is recovering from an illness/operation or the family of a member who has died? Or maybe a member who could use an extra ray of sunshine? The Sunshine Club will send a card or make a phone call to let them know that they are in our thoughts and special to us. Contact **Jo Moore** at the Center.

Box Tops or Labels for Education



Check cans, bags, and boxes of groceries, cleaning supplies, etc., and you'll probably find little symbols like these on many of them. Each of these little symbols is worth 10 cents to our neighboring Glen-

Worden Elementary School, so don't throw them away.

Keep looking for these Labels and Box Tops and bring them in so we can help the school achieve their goal to get playground equipment for the school. Our collection box is near the books and magazines in the main hallway.

Display Case

Emily Childers has kindly agreed to be the coordinator to schedule upcoming displays. Thank you to **Martha Szuminskyj** for the September display of Art Glass and to **Gladys & Chuck Cox** for the October display of beer steins.

We have Christmas items for November, courtesy of **Ed Perazzo**, and White House Christmas Ornaments for December, courtesy of **Ronnie Quinn**.

Senior Center Kazoo Band

Looking for an outlet for your musical talents? Come have some fun and join the Kazoo Band. Call **Ronnie Quinn** (399-5999) or **Bill Vullo** (399-8611) for details.

Coupons Exchange

There's a coupon exchange box on the table in the hallway. Take what you need; donate those you don't need. Thank you, **Fran Madison**, for cutting and organizing the coupons.

Van Transportation

For residents of Glenville and Scotia only. Senior Center membership not required.

Our van must stay within Glenville/Scotia.

On-request pickup and delivery



Call 374-0734 M-F between 9 am and noon and at least a day ahead (up to two weeks ahead) to reserve space and schedule a ride to take you on your errands: to the barber or hairdresser, Wal-

Mart, grocery store, to visit a friend, etc., within the town. The van operates Monday through Friday, 9 am-3 pm.

Donations are gratefully accepted to help defray costs.

The Center cannot offer transportation to medical appointments, but Catholic Charities may be able to, with ample advance notice; call Catholic Charities 357-4710 (donations accepted).

Tuesdays: Scheduled trips to Malls

Call a week ahead to reserve a space. We begin home pickups at 9:30 am and return at 2:00 pm. Schedule subject to change, based on availability of drivers.

No charge, but donations are appreciated.

Rotterdam Mall

November 18

December 2, 16, 30

Clifton Park Mall

November 25

December 9, 23

We Need Drivers & Dispatchers

Be a regular or substitute driver or a substitute dispatcher. Call **Linda Reinhart** at the Center for information.

Having a computer problem?

Schedule a one-hour session with a Senior Center computer tutor. Call the Center for appointment. Free to members.

Donate eyeglasses

The Scotia-Glenville Lions Club collects discarded eyeglasses which they restore and give to those less fortunate. So drop off your donation in the box located in the Center library.

Donate empty ink cartridges

The Golden Retriever Rescue Operation is collecting empty printer ink cartridges. For more information, please call **Rosemary Pryne** at 399-4726.

SENIOR CENTER EVENTS

Center Membership is required unless noted otherwise.

Free Hearing Screening

Monday, November 3rd, 9 am - 12 noon

The Audiology Dept. of Sunnyview Hospital will provide free screening to assess hearing acuity. *This service is not limited to Senior Center members.* It is NOT appropriate for folks who already use a hearing aid. No products or services will be recommended or sold. **Appointment is required and can be made at the Front Desk or by phone at 374-0734.**



Paint with Peggy

Monday, Nov. 17th 9 am - 1:15 pm

Have you ever wanted to try oil painting? Are you afraid you can't paint because you can't draw? Join us at the Senior Center and "Paint with Peggy"! Peggy is a certified Alexander Art Instructor and Wilson Bickford Painting Partner. "Winter Birches" is a bright winter scene, painted on a 'toned' (colored) canvas. It is fun to paint—the snow shadows are easy because the canvas is pale blue! There is a distant wood, and footprints in the snow go past a stand of birch trees and then disappear. This class is offered in November so that the painting will dry and can be displayed or given as a gift during this holiday season. The painting is on display at the Center and can also be viewed on line at www.paintwithpeggy.com in the 'schedule' tab.

Peggy provides all the materials from a blank canvas, oil paints and brushes to paper towels. She walks the students through the steps and teaches the techniques to create the painting. Beginners are welcome.

Cost: \$45 for GSC members. Payment due at time of registration. Please make checks payable to **Peggy Porter**. Maximum : 8 students. Sign up at the Front Desk. Call Peggy at 925-2238 for details.

Driver Safety Course By Empire Safety Council

This program can reduce your auto insurance premiums. Classes will be of two 3-hour sessions held on two consecutive days. Senior Center membership not required.

Tuesday/Wednesday -Dec.9th & 10th, 2-5 pm

Cost: Senior Center members: \$22.50; Others: \$26. Pay by check payable to **Armand Canestraro**. NO CASH. Checks are not cashed until the class is held. Participants must register in person at the Front Desk by **December 2nd**. No phone reservations are accepted.

Stampin' Up Card Workshop

Wednesday, Nov. 12th 3-4:30 pm

Cost \$5

Join us for an afternoon of creativity and paper-crafting fun. Materials and instruction provided to make 4 Christmas greeting cards. Please sign up in advance at Front Desk. Checks should be made payable to the instructor, Lynn Streifert.



Boxwood Holiday Tree Workshop

Wednesday, Dec. 10th, 1:00 - 4:00 pm

Cost \$25

Get ready for the holidays! Sign up to make your own boxwood tree to decorate your home. All materials will be provided. Please sign up in advance at Front Desk. Checks should be made payable to Jan Cavoli; payment due at the time of registration.

CLASSES AT THE SENIOR CENTER

All classes require registration. Center membership is required; must show current membership card at registration. Please feel free to come and observe any class. Refunds for missed classes must be requested from the instructor.

YMCA MINI SESSION & WINTER SESSION No Classes will be held on 11-4 ,11-11 Fees: 1 class/wk \$ 34; 2/wk \$ 46; 3/wk \$ 59; 4/wk \$ 72; 5/wk \$ 85 Mini Session Registration: Wednesday, November 19th from 9— 11 am Winter Session Registration : Wednesday, December 17th from 9– 11 am		
Class	Instructor	Schedule
Fit Over 50	Melissa Lynch Patty McCormack	Mon. 9:15 Fri. 9:15
Flexibility	Melissa Lynch Andrea Leahy	Mon. 11:15 Wed. 10:15
Forever strong	Melissa Lynch Andrea Leahy Patty McCormack	Mon. 10:15 Wed. 11:15 Fri. 10:15
Gentle Pilates for Seniors	Andrea Leahy	Wed. 12:15 Thur. 10:15
Zumba Gold	Andrea Leahy	Tue., Wed., Thur. 9:15

YMCA Classes

Fit Over 50

A gentle warm-up, followed by invigorating aerobic, strengthening, & stretching segments. Total body conditioning leaves you feeling energized. 45 minutes.

Flexibility

Stiff Joints? Need relaxation? This class will help to make everyday tasks easier. 45 minutes of easy stretching and relaxation techniques, performed seated, help ease stiff joints and increase your range of motion.

Forever strong

Weight-bearing exercises are an effective and simple way to help fight osteoporosis. Light weight-bearing exercises designed to increase both muscle strength and bone density will be performed on both the upper-body and lower-body muscles. Equipment is provided. 45-minute class.

Gentle Pilates for seniors

This 45-minute class will provide gentle exercises to stretch and strengthen the “Core” muscles of the body. Exercises will focus on the

abdominals, back, and hips to help keep you standing tall. A yoga exercise mat is required, since most of the exercises are done on the floor.

Zumba Gold

Ditch the workout and join the party! Zumba Gold uses Latin rhythms and easy-to-follow steps to create a dynamic and fun fitness program. 45-minute class.

Other Senior Center Classes

Gentle Yoga

Wednesdays, 2 pm

Fall Session runs through Nov. 19th

Yoga can help promote wellness through stretching, conscious breathing, simple postures, and relaxation. It can also help calm the nervous system, lower blood pressure, increase flexibility and improve balance. Adaptable for individual needs. Beginners welcome. Wear loose-fitting, comfortable clothing. Bring mat, blanket, and small pillow.

Pay instructor **NancyTobiessen** on the first day of attendance.

Ballroom Dance

Fridays, 12:30-1:30 pm

For more information, call **Chuck Guare** at 374-9732 or email guarecharles@gmail.com

Tai Chi practice

Tuesdays, 8:15 am

We welcome you to join our small group trying to maintain our Tai chi skills.

CENTER ACTIVITIES

Center Membership is required unless noted otherwise. Be prepared to show your Membership Card.

Responsibilities of activity participants

Participants in Center activities (meetings, discussion groups, cards and table games, films, presentations, etc.) using Center equipment (e.g., chairs, tables) **are responsible for retrieving and setting up** equipment needed for the activity, and for **returning** it when finished with the activity. In cases where someone else has kindly done some set-up for you, **you remain responsible** for take-down and put-away unless told otherwise by a responsible person.

Coffee and Conversation

Tuesdays, 9:00 - 11:00 am

Enjoy some refreshments and a great cup of coffee while you share your thoughts with others. If you are new to the Center, this is a great way to meet new friends.

Knitting and Crocheting

Tuesdays, 1:00 pm

Join us anytime! If you are a knitter or crocheter, stop by to meet some new friends. Want to learn either? We will help get you started. New members welcome!

Thanks to those who have replenished our supply of yarn. We do not need any more yarn at this time.

For more information, call **Anne Macejka** at 393-3551.

Wednesday Golf League

The senior golf league wrapped up a very successful and enjoyable season on Sept. 17 with a final tourney in a scramble format and picnic. Prizes were awarded to four-somes based on their finishing scores. Good food and fine weather made an excellent wrap up.

Look for notice of and organizational meeting sometime in April. Repeating and new members are always welcome.

Mah Jong

Mondays, 12:30 pm; Wednesdays, 9:00 am

Anyone who knows the game is welcome to join us. We have the game boards or you can bring your own. We also play at the card sessions on Mondays and Thursdays.

Pickleball

Mon, Wed, Fri, 4:00 pm

Novice play is scheduled for Mondays, Wednesdays, and Fridays. We're still looking for a coordinator. Questions: leave message at desk.

Senior Center Bowling League

**Wednesdays, 9 am from Sept., '14 to April, '15
at Blvd. Bowl, Erie Blvd., Schenectady**

We need SGSC members who want to bowl. We meet at 8:45 am and start bowling at 9 am. It costs only \$96 for the entire season, payable in 2 installments. Otherwise it is only \$5 a week. You can enjoy a great time at one of the area's best bowling alleys. Call **Jacob Lederman** (399- 5249) for info.



Silver Threads Quilters

Thursdays, 1:00 - 3:00 pm

We are a group of friendly, mentoring ladies who share threads of wisdom and create works of art. Check our Bulletin Board in the hallway and see photographs of our creations. Our latest creations are quilts for Camp Erin – a Hospice camp for children who are grieving the loss of a loved one. This year, we contributed 7 quilts, 14 pairs of mittens and 12 hats. Everyone is welcome; there is no fee.

Cribbage

Tuesdays, 10:00 am

Our regulars participate in a Cribbage Tourney and, to say the least, the competition is spirited! We invite anyone who would like to play or learn to play... We are a very sociable group... Come join us.

CENTER ACTIVITIES

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First Monday Book Club

First Monday of month, 10:00 am

All Center members are welcome to join our monthly sessions. For each meeting, please read the book listed and come prepared to join the discussion.

Nov. 3: *The Good Adventures* by Sandra George
(our Book Club Member)

Dec. 1: *I Know Why the Caged Bird Sings* by Maya Angelou

Jan. 5: *Because of Winn-Dixie* by Kate DiCamillo

First Friday Film Club

First Friday of month, 1:30 pm

November 7: **THE GRAND BUDAPEST HOTEL**

Comedy on farcical doings at a European resort in the years between the wars, with an all-star cast as **Adrien Brody, Bill Murray, Ralph Fiennes, Edward Norton.**

December 5: **ONE HOUR PHOTO**

Late **Robin Williams** stars as an employee of an one-hour photo lab, who becomes obsessed on exposing the imperfections of a young suburban family. Cast includes **Connie Nielson, Michael Vartan and Gary Cole.**

Call **Dr. N. Nagarajan** (399-0195) to suggest films for future screenings. Snacks and coffee will be served at all shows.

Acrylic and Oil Painting

Fridays, 10:00 am - 1:00 pm

See instructor, **Dani Morette**, for fees and schedule.

Find your inner self or perhaps rekindle an old passion for the love of creating something beautiful. Whether a beginner or even an experienced painter, you will be able to paint at your own pace with the expert instruction of **Dani Morette**. Learn how to create leaves on a tree, grass in the field, stream of flowing water or a flower vase.

Card Playing

Mondays and Thursdays, 12:30 pm

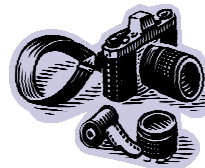
We play bridge, pinochle, canasta, hand-and-foot card game.....and mah jong. This is a great opportunity to meet new friends.

Generally, foursomes are established and seldom have openings for drop-in players. If interested, stop by the front desk and add your name to the list of new interested players, indicating the game(s) of your interest. Someone will follow up with the list to establish new groups of play.

Duplicate Bridge

Tuesdays, 12:45-4:00 pm

No previous experience is necessary. This is a friendly game! Come with your partner, or contact **Walter Overstreet** at 372-0448 if you need a partner.



Senior Center Photographers

Thursdays, 10:00 am

Activities include taking photo trips to local sites, sharing slides and prints, demonstrating the capabilities of a photo-editing program on the Center's computer, and discussing any aspect of film or digital photography. Free. Come check us out some Thursday.

Gardening

Our gardens have looked nice all season. "Thank you" to all who have helped to plant and maintain them this year.

TRIPS and TRAVEL

- ◆ **Make reservations** in person (none by phone).
- ◆ **Payment** must accompany reservation.
- ◆ **Mail reservations** confirmed only if space is available.
- ◆ Responsible adult must be with anyone requiring **walking aid**.
- ◆ **Cancellations** reimbursed only if a replacement is found.
- ◆ Center members may invite **family or friends** as guests on a trip.
- ◆ **Children** should be at least junior-high-school age.

- ◆ **Non-members** not sponsored by members as described above are subject to bumping by a member who is on waiting list.
- ◆ Trips that are for Senior Center **Members Only** will be so identified in the *Senior Moments* announcement.
- ◆ *Senior Moments* cannot publish announcements of trips sponsored by **organizations other than** the Glenville Senior Center or those we team with for Joint Venture trips.

Clark Museum, Williamstown, MA Tuesday, November 11th

Visit this exceptional museum of the Clark's permanent collection of fantastic artwork, painting and sculpture from the Renaissance to the 20th century with beautiful grounds, lovely reflecting pool and amazing trails.

Cost: \$ 25 per person.

Lunch can be purchased at museum.

Leave Center at 8 am; Return by 4:30 pm

2014 Christmas Memories & Lunch, Troy, NY

Tuesday, November 25th

The Latshaw Pops Christmas Memories Show is one of the area's most enjoyable holiday traditions. Celebrate the season with this heartwarming variety show featuring the Latshaw Pops Orchestra, Singers and Katie Kelly Dancers.

Cost: \$ 65 per person. Lunch at 11:30 am

Leave Center at 10 am; Return by 4:30 pm

Turning Stone Casino

Rome, NY

Monday, December 8th

Join us for a day at the Turning Stone Casino. Trip includes:

\$25 Casino bonus + \$5 food credit

or

\$20 Bingo bonus + \$5 food credit

Cost: \$24 per person.

Leave Center at 6:45 am; Return by 8:30 pm

Membership News

As we went to press, total membership for 2014, was 1162, just a wee bit shy of our 1200 membership goal. Nice job everyone who helped bring in new members!

We will be accepting 2015 membership dues beginning October 30. To renew membership, please send or bring the Application Form on page 11. Copies are also available at the Front Desk. New 2015 members will receive this November's and December's membership free.



**Renew your Center membership for 2015
between October 30 and Thanksgiving
and you will be eligible to win a gift bag valued at over \$20!**

GLENVILLE SENIOR CENTER – CALENDAR OF EVENTS

November 2014

Mon 3 Hearing Screening 9:00 am – 1:00 pm
 Mon 3 Book Club 10:00 am
 Tue 4 Election Day Bake Sale 6:00 am
 Tue 4 Senior Center Closed, Dining Center Open
 Thu 6 Executive Council Meeting 9:00 am
 Fri 7 Film Club 1:30 pm
 Sun 9 Veterans Day Celebration 1:00 – 4:00 pm
 Tue 11 Senior Center & Dining Center Closed
 Tue 11 Trip to Clark Museum 8:00 am
 Wed 12 American Legion Meeting 1:00 pm
 Wed 12 Stampin' Up Card Workshop 3:00 pm
 Thu 13 Board of Directors Meeting 1:00 pm
 Mon 17 Painting With Peggy 9:00 am to 1:15 pm
 Tue 18 Shopping Rotterdam Square Mall
 Tue 18 Caregivers Support Group Mtg. 1:00 pm
 Wed 19 YMCA Mini Class Registration 9:00 – 11:00 am
 Mon 24 No YMCA Classes all week
 Tue 25 Christmas Memories Trip 10:00 am
 Tue 25 Shopping Clifton Park Mall
 Wed 26 **Senior Moments** deadline
 Thu 27 Senior Center & Dining Center Closed
 Fri 28 Senior Center & Dining Center Closed

December 2014

Mon 1 Book Club 10:00 am
 Tue 2 Shopping Rotterdam Square Mall
 Tue 2 Deadline for Driver Safety Registration
 Tue 2 Caregivers Support Group 1:00 pm
 Thu 4 Executive Council Meeting 9:00 am
 Fri 5 Film Club 1:30 pm
 Mon 8 Flu Clinic 9:00 am – 12:00 noon
 Mon 8 Trip to Turning Stone
 Tue 9 Shopping Clifton Park Mall
 Tue 9 AAA Driver Safety Class 2:00 – 5:00 pm
 Tue 9 American Legion Meeting 1:00 pm
 Wed 10 AAA Driver Safety Class 2:00 – 5:00 pm
 Wed 10 Boxwood Holiday Tree Workshop 1:00-4:00pm
 Thu 11 Board of Directors Meeting 1:00 pm
 Fri 12 Christmas Party 1:30 – 3:30 pm
 Tue 16 Shopping Rotterdam Square Mall
 Wed 17 YMCA Winter Class Registration 9:00 -11:00 am
 Thu 18 **Senior Moments** Mailing 9:00 am
 Fri 19 Kingsway Presentation 1:30 pm
 Tue 23 Shopping Clifton Park Mall
 Wed 24 Senior Center & Dining Center Closed
 Thu 25 Senior Center & Dining Center Closed
 Tue 30 Shopping Rotterdam Square Mall
 Wed 31 Senior Center Closed - Dining Center Open



Weekly Events – Nov. – Dec.

Mon	Card Playing	12:30 pm
Mon	Mah Jong	12:30 pm
Mon	Pickleball	4:00 pm
Tue	Cribbage	10:00 am
Tue	Coffee & Conversation	9:00 am
Tue	Knitting & Crocheting	1:00 pm
Tue	Duplicate Bridge	12:45 pm
Wed	Mah Jong	9:00 am
Wed	Pickleball	4:00 pm
Thu	Photography Group	10:00 am
Thu	Card Playing	12:30 pm
Thu	Quilting	1:00 pm
Fri	Acrylic & Oil Painting	10:00 am
Fri	Ballroom Dancing (exc. 12\12)	12:30 pm
Fri	Pickleball (exc. 12\12)	4:00 pm



Attention GE employees, retirees, and spouses of either

Gifts of \$25 or more to the Senior Center can be matched by the GE Foundation's Matching Gift Program. You can register gifts to the Center by calling the GE Matching Gift Center at 1-800-305-0669, or online at www.ge.com/foundation/matching_gifts.html.

On that website, the Senior Center appears on the list of "Approved" organizations as:

SCOTIA GLENVILLE SENIOR CITIZEN RECREATION
 RELATED CONCERNS (Approved)
 32 WORDEN RD., SCOTIA, NY 12302-3409
 Tax ID: 222186497

Note that matching is available only for true gifts, not for payments for annual dues, trips, admission to events, meals, etc. Call **Vicki Hillis** for more information.

GLENVILLE SENIOR DINING CENTER

Operated at the Glenville Senior Center by Catholic Charities of Schenectady

Open to all seniors. Senior Center membership not required.

Kathy Conboy – Meal Center Manager

Diana Yeo – Meal Center Assistant

The Senior Dining Center offers a hot, nutritious noon meal Mondays through Fridays. A variety of activities and programs take place prior to the meal, with penny bingo every day and prize bingo on Wednesdays after lunch. Every Tuesday, there is also transportation available for grocery shopping at 12:30 pm (\$2.00 round trip to Hannaford or Price Chopper).

Reservations: Call 393-1946, 9:00 am to 2:00 pm, a day in advance.

Please call ahead if you need to cancel a reservation.

Substitutions available. Make request when you call for reservation.

PLEASE ARRIVE BY 11:45 FOR THE NOON MEAL

Suggested donations for meals: \$3.25 for those 60+; \$6.00 for those under 60.

All are welcome. Have a good meal and meet some wonderful people.

*Catholic Charities Transportation to the Dining Center is available.

Suggested donations are \$1.25 each way to and from the Dining Center.

November 2014		
Mon	3	Hot Roast Beef Sandwich
Tue	4	BBQ Chicken Breast
Wed	5	Hot Dog & Baked Beans
Thu	6	Turkey Roll Ups
Fri	7	Meatloaf with Gravy
Mon	10	Scalloped Potatoes & Ham
Tue	11	CLOSED—Veterans Day
Wed	12	Hot Turkey Sandwich
Thu	13	Spaghetti and Meatball
Fri	14	Fisherman’s Platter
Mon	17	Stuffed Cabbage
Tue	18	Salisbury Steak
Wed	19	Baked Lasagna
Thu	20	Philly Cheese Steak
Fri	21	Chicken & Rice Casserole
Mon	24	Macaroni & Cheese
Tue	25	Pot Roast with Gravy
Wed	26	Ranch Chicken
Thu	27	CLOSED - Thanksgiving
Fri	28	CLOSED – Day after Thanksgiving

December 2014		
Mon	1	Hot Roast Beef Sandwich
Tue	2	BBQ Chicken Breast
Wed	3	Hot Dog & Baked Beans
Thu	4	Turkey Roll Ups
Fri	5	Meatloaf with Gravy
Mon	8	Scalloped Potatoes & Ham
Tue	9	Tomato Soup & Tuna Sandwich
Wed	10	Hot Turkey Sandwich
Thu	11	Spaghetti and Meatball
Fri	12	Fisherman’s Platter
Mon	15	Stuffed Cabbage
Tue	16	Salisbury Steak
Wed	17	Baked Lasagna
Thu	18	Philly Cheese Steak
Fri	19	Chicken & Rice Casserole
Mon	22	Macaroni & Cheese
Tue	23	Pot Roast with Gravy
Wed	24	CLOSED
Thu	25	CLOSED
Fri	26	Sweet & Sour Pork
Mon	29	Hot Roast Beef Sandwich
Tue	30	BBQ Chicken Breast
Wed	31	Hot Dog & Baked Beans

COMMUNITY CONNECTIONS

These events are open to the public; Center membership is not required.
DISCLAIMER: Neither *Senior Moments* nor the Scotia-Glenville Senior Citizens Inc. can endorse or take responsibility for any organizations or services mentioned in news items or advertisements herein.

American Legion Post 1001 Scotia, NY

Second Tuesday of month at 1:00 pm.

Please note that due to Veterans Day on Tuesday, Nov. 11th, the group will meet on Wednesday, Nov. 12th.
Upcoming meetings: Dec. 9th, Jan. 13th
Bill Wragg, Cmdr.; Kurt Von Maucher, Adj.

Call for Tax-Aide Volunteers

AARP Tax Aides provide free tax preparation service at 3 locations in Schenectady County including Glenville Senior Center. All sites need new volunteers to keep this valuable program available. **Most volunteers did not start out with vast knowledge of tax law. So please don't feel intimidated!**

AARP provides training materials, testing and hands-on computer training prior to starting the services.

Call **Blanche Fischer** at 382-7929 for more details.

Military Courtesy Room At Albany Airport

Albany International Airport welcomes our armed forces personnel who are in transit through the airport. We offer food, drinks and media entertainment in a comfortable setting for all the service people. Those who are interested in volunteering in the room should contact:

John McKenna at 280-2801, **Doug Buzzard** at 858-3579 or **Lary Schwartz** at 399-7406. Thank you.

Caregiver Conversations

First Tuesday of month, 1:00 pm

Caregivers meet monthly at the Center to discuss caregiving issues faced in their daily lives. Facilitated by **Vicki Hoshko**, Schenectady County Caregiver Support Coordinator.

Please note that the group will meet on Nov. 18th at 1 pm due to Election and Veterans Day and resume the regular meeting schedule on December 2nd.

Scotia-Glenville School Senior Citizens Pass

Passes are available to school district residents over age 65 entitling them to free admission to school plays, musicals and home athletic contests (except basketball games, Section II and Invitational events).

The pass also entitles seniors to enroll in Continuing Education courses at no cost for specific adult education classes marked with asterisks in the brochure in which instructors are paid on a per-pupil basis.

The passes may be obtained at the Scotia-Glenville school district office during regular weekday office hours. Call 347-3600 (ext. 71101) for more information.

MEMBERSHIP APPLICATION

Jan. 1 thru Dec. 31, 2015

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32 Worden Road, Glenville NY 12302

Annual Fee:

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If cash, exact amount please.

Check one: New Member Renewal [Senior = 55 or older]

Check one: Resident Non-resident

* These items **required** on ALL applications – **new members and renewals**

PLEASE PRINT

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Interests/Talents/Comments _____

Referred by: _____ Registration #: _____

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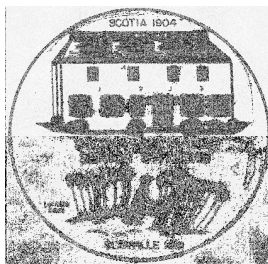
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CONTACTS

Senior Center Coordinator
Vicki Hillis
Glenville Senior Center
Administrator:
Jamie MacFarland
Village of Scotia Liaison:
Tom Gifford
Town of Glenville Liaison:
Sid Ramotar